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# Analysis of imagery in Helena Natasha's "Love, Spelled in Poetry" poetry collection

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#### **ABSTRACT**

This research analyzes twenty-five selected poems from Helena Natasha's poetry collection 'Love, Spelled in Poetry' to identify imagery types and explore their contribution to meaning and emotional impact. The study addresses the challenge many students face in comprehending imagery and deeper meanings in poetry, often due to lack of critical engagement during reading. A qualitative descriptive method was employed, examining twenty-five poems from the eighty-five-poem collection through close reading and systematic documentation. The findings reveal that Helena Natasha employs various types of imagery, including visual, auditory, tactile, olfactory, gustatory, organic, and kinesthetic, with visual imagery being the most dominant. Visual imagery dominates, followed by organic and kinesthetic imagery. This research contributes to understanding contemporary poetry's use of imagery and highlights its educational value for English as a Foreign Language (EFL) learners in developing language skills, critical thinking, and literary appreciation.

## Keywords: Poetry Analysis, Types of Imagery, Poetry in Education

## A. INTRODUCTION

Poetry serves a valuable role language education, particularly in English as a Foreign Language (EFL) classrooms, enhancing vocabulary, supporting grammatical development, and encouraging critical thinking. Despite these benefits, many students struggle with poetry interpretation due to figurative metaphors, and language, abstract meanings (Prasasti et al., 2022). Poetry remains a powerful medium for emotional expression and personal connection, transforming individual experiences into shared feelings through vivid language and imagery (Livingston, 1991).

Imagery such as visual, auditory, and tactile descriptions helps readers imagine the poet's world and connect with expressed emotions (Pitaloka et al., 2023; Suyudi, 2021). According to Suwastini & Rahmayanti (2024), analyzing poems helps learners understand artistic language use, fostering reading comprehension

and interpretive skills (Deliligka & Calfoglou, 2022). Zakarneh & Mahmoud (2021) emphasize that imagery in poetry inspires learners to explore personal expression, encouraging confidence and emotional articulation.

Activities including poem performance, theme analysis, literary device examination, and personal poetry writing improve all four language skills: reading, listening, speaking, and writing (Khatib et al., 2011). Mahmud (2017) highlights how self-written poems strengthen writing skills through creativity and mastery of poetic elements such as imagery.

Imagery is a literary device appealing to readers' senses and emotions. According to Barnet et al. (2008), imagery refers to elements engaging sight, sound, touch. taste, smell, internal feelings, and movement (p. 683). Johnson and Arp (2017) identify seven imagery types: (1) Visual **Appeals** imagery: to sight. describing objects, scenes, or colors, (2) Auditory imagery: Appeals to hearing, using words conveying sound, silence, or tonal nuance, (3)Tactile imagery: Relates to touch, including texture, temperature, or physical sensation, (4) Olfactory imagery: Evokes smells and fragrances, (5) Gustatory imagery: Appeals to taste, (6) Organic imagery: Represents internal sensations like hunger, fear, pain, or fatigue (Helmawan & Lestari, 2022), (7) Kinesthetic imagery: Describes motion or physical movement (Paudel, 2021).

Understanding poetry through literary criticism inherently subjective, as each reader brings their own experiences, emotions, and interpretations. Fish (1980)emphasizes that "the reader's role in constructing meaning is crucial" (p. 327), highlighting that each interpretation is valid and shaped by individual perspectives.

This research analyzes imagery in twenty-five selected poems from Love, Spelled in Poetry by Helena Natasha, an Indonesian poet known for emotionally resonant and expressive style. Her poetry captures themes of falling in love, heartbreak. and self-discovery, offering rich material for imagery analysis.

## **B. RESEARCH METHODOLOGY**

This research employs a qualitative descriptive design to explore and interpret imagery use in selected poems by Helena Natasha. According to Creswell (2022), qualitative research focuses on understanding meaning through text and visual data, making it suitable for literary analysis.

The data consists of the entire poetry collection *Love*, *Spelled in Poetry*, containing eighty-five poems, from which twenty-five were purposively

selected based on clarity, accessibility, and imagery richness. The research procedure involved thorough collection reading, suitable poem selection, and imagery line identification.

Data collection used documentation technique with tables organizing findings poem title, stanza, line, and imagery type. The analysis unit was each line or phrase containing imagery, measured qualitatively by identifying type and interpreting meaning. Data analysis followed Miles and (2014)Huberman's model. including data condensation, data display, and conclusion drawing.

## C. RESULTS AND DISCUSSION

The analysis of 25 poems from Love, Spelled in Poetry revealed seven types of imagery, visual. organic, kinesthetic. auditory, tactile, gustatory, and olfactory—totaling 182 instances. Visual imagery was most frequent (56), followed by organic (53) and kinesthetic (35), while auditory (18), tactile (13), gustatory (4), and olfactory (3) appeared less often. These results illustrate the range and dominance of sensory images in Helena Natasha's poetry.

Table 4.1 first poem

Poem	Stanz a	Line	Types of Imagery
She tastes like sunshine,	1	1	Gustatory
Smells like	1	2	Olfactory

the			
woods,			
And he	2	1	Organic
craves an			
adventure.			

"She sunshine," tastes like (gustatory) suggests warmth and joy. "Smells like the woods," (olfactory) evokes calm natural beauty. "And he craves an adventure." (organic) shows the man's inner desire for excitement. Together they show her vibrant presence and his longing for a meaningful bond.

Table 4.2 second poem

1 4016 4.2 3	Table 4.2 Second poem								
Poem	Stanz	Line	Types of						
	а		Imagery						
We blew a big	1	1-2	Visual						
bubble—									
so big, we									
made a home									
inside									
out of the	1	3	Organic						
things we love									
We feed each	2	1	Kinesthetic						
other									
with dreams	2	2	Organic						
that									
we grew so	2	3-4	Visual						
big—									
our bubble									
seemed so									
small.									
One false	3	1	Kinesthetic						
move,									
we'd pop it.	3	2	Kinesthetic						

"We blew a big bubble—/so big, we made a home inside" (visual) shows intimacy and shared imagination. "Out of the things we love" (organic) reflects emotional foundation. "We feed each other" (kinesthetic) shows nurturing, "with dreams that" (organic) shared hopes. "We grew so big—/our bubble seemed so small" (visual) expresses growth. "One false move, / we'd pop it." (kinesthetic) highlights fragility.

Table 4.3 third poem	Tab	le 4.	3 thi	rd po	oem
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rable 4.5 third poem								
Poem	Stanza	Line	Types of Imagery					
I was an	1	1	Organic					
open book.								
You were	2	1-2	Visual					
written								
all over my								
chapters—								
my never-	2	3-4	Organic					
ending								
summer,								
my happily								
ever afters.								
Reading	3	1	Visual					
back now,								
I realize	3	2	Organic					
you were	3	3	Visual					
never the								
prince,								
you were	3	4-5	Organic					
the twist,								
the lesson I								
didn't see								
coming.								

"I was an open book." (organic) expresses vulnerability. "You were written/all over my chapters" (visual) shows influence. "My never-ending summer,/my happily ever afters" (organic) joyful memories. "Reading back now" (visual) reflection, "I realize" (organic) awakening. "You were never the prince" (visual) shift in perception. "You were the twist,/the lesson I didn't see coming" (organic) personal growth.

Table 4.4 forth poem

Poem	Stanz a	Line	Types of Imagery
Maybe you smelled blood on me.	1	1-2	Olfactory
When you thought	2	1-2	Organic

I wasn't			
looking,			
you kept	2	3	Kinesthetic
turning my			
rocks,			
Unfolding my	2	4-5	Kinesthetic
dirty laundry			
to find nothing			
you'd call	2	6	Auditory
proof.			
I was never	3	1	Visual
the ghost.			
It's your	3	2	Organic
unfinished			
business			
coming to	3	3	Visual
haunt you.			

"Maybe you smelled/blood on me." (olfactory) hidden pain. "When you thought/l wasn't looking" (organic) tension. "You kept turning rocks,/unfolding my dirty laundry" (kinesthetic) invasive searching. "You'd call proof." (auditory) verbal accusation. "I was never the ghost" (visual) denying misjudgment. "It's your unfinished business/coming to haunt (organic+visual) unresolved past.

Table 4.5 fifth poem

	•		
Poem	Stanz	Line	Types of
	а		Imagery
Maybe it's	1	1	Organic
simple.			
You find	1	2	Visual
something I			
don't have,			
and search	2	1-2	Kinesthetic
for what you			
miss			
in another.			
Maybe you	2	3	Organic
want			
something			
simple,			
and I'm	2	4	Organic
simply			
complicated.			
The line "Maybe	it'e eimn	le " cor	ntaine

The line "Maybe it's simple." contains organic imagery, reflecting internal realization. "You find something I don't

hov	vo land soorch	for who	t vou m	ioo in	_	rominded			
	e /and search		-		_	reminded		, ,	3 Kinesthetic
	ther" (kinesthet	•				every step of your way		•	5 Killestiletic
	ybe you want s		•		_	The fifth	y. 3		1 Kinesthetic
ľm		plicated		ganic)		time you			1 Milestrictic
mis	match and self-					crossed it	-		
	Table 4.0	6 sixth	poem		-	I lost it.	3		2 Organic
	Poem		Stanz	Line	Types of		4		1 Visual
			а		Imagery	them.			
	Our past is a r		1	1	Visual	You just	4		2 Organic
	I played in a lo		1	2-3		<sup>c</sup> didn't care			
,	round and ro					_used the	color	yellow	" (visual)
	we're stuck		1	4	OrganaiGt	ion, "To	draw	all m	ny lines"
	pattern—				(kine	esthetic) bo	undary-	setting,	'I put up
	you're the mis	stake	2	1	Organic	signseve	erv ster	of v	our wav'
	and				- (kine	esthetic+org	nanic) in	tention	"The fifth
	I'm the redem		2	2	Organic (	you cr	ossed	it (ki	nesthetic)
	I'm the mistak		2	3	Orgaine	•		•	,
	you're the		2	4		ated violat			
	redemption					<u>'t c</u> are" (org	, .		
	We remembe		3	2	Audi <b>the</b> n	n' (visual) ig			ess.
	our lines by h				A al:4 a	Table 4.8	eighth	poem	
	but the magic		3	2	Auditory				
	every time we them.	say			P	oem	Stanz	Line	Types of
	Our movie, o	nco	4	1	Vicual	<del></del>	<u>a</u>		Imagery
	colorful,	nice	4	ı		ew away	1	1	Kinesthetic
	now black and	bluo	4	2	Vicumb-	<u>ry</u> thing			Olfastama
,	all static.	-	4	3	Visu <b>⊕</b> lai Visualik		1	2	Olfactory
	A broken rec		5	1	Visual e		2	1-2	Kinesthetic
(	Our past is a m		_	-		every	2	1-2	Kinesthetic
	mories, 'I playe	,	-			e of you.			
	• •	esthetic	-			closed	3	1-2	Kinesthetic
and	•		, .	tition,		every	J	1 2	Taricourous
	e're stuck in a					ad that			
	•	(organic	•	tional		s to you.			
enti	rapment, 'We re					cked all	4	1	Kinesthetic
by	heartbut	the m	agic f	aded'	•	bags.			
(au	ditory) detachm	ent, and	d 'Our n	novie,		ot going	4	2	Organic
ond	e colorful,/now	black	and blu	ue,/all		ack.			J
stat	ic./A broken re	ecord' (	visual) f	ading	"	threw	awa	y e	verything"
joy.		`	,	J	(kine	esthetic) let	tina ao.	"That s	mells like
, , ,	Table 4.7	savant	h noon	n	`	(olfactory			
-			-			y trace/clos	•		
	Poem	Stanz	Line	Types	٠.	pags" (kine		•	
	I used the	<u>a</u> 1	1	Image Visua		• `	•	_	
	color yellow	ı	I	VISU		9	oing b	ack"	(organic)
•	to draw all	1	2	Kinesth		rmination.			
	my lines.	ı	2	Mesul	<del>บ</del> แบ	Table 4.9	ninth	poem	
•	I put up big	2	1	Kinesth	etic .	Daam	C4	1 !	Tunes of
	signs	_	1	MICOUL	ouo	Poem	Stanz	Line	<i>y</i> .
•	so you are	2	2	Organ	ic NAS	noort's an	<u>a</u> 1	1	Imagery
	30 ,00 010			- Juli	··· iviy i	neart's an	I	I	Visual

			V
art.			
An empty crack—	2	1	Visual
I filled with the melodies	2	2	Auditory
I wasn't allowed to sing.	2	3	Auditory
Another hollow crack—	3	1	Visual
I filled with the words I didn't dare to write.	3	2-3	Organic -
Everything else— I glued them all with	4	1-2	Kinesthetic
my mother's hug.	4	3	Tactile
1 (1 ( (	_	4.0	17' (1 ('

"I filled with the words/I didn't dare to write" (organic) inner fear, "I glued them

(kinesthetic+tactile) healing, and

repainted it with/the colors of my friends laughters" (kinesthetic+auditory) joy and

mother's

hug"

with/my

all

renewal.

## Table 4.10 tenth poem

'I smiled to 10 people' (visual) openness, 'And 100 laughed with me' (auditory) shared joy, 'I knocked 100 doors/and 1,000 opened' (kinesthetic) persistence, 'I built my own world' (kinesthetic) agency, and 'A universe unfolds before me' (visual) potential.

Table 4.11 eleventh poem

I didn't dare to write.				Poem	Stanz a	Line	Types of Imagery
Everything else—	4	1-2	Kinesthetic	A boy slipped out from the pages of	1	1-2	Visual
I glued them all with				everyone's favorite fairytale.	1	3	Organic
my mother's hug.	4	3	Tactile	One look into my eyes,	2	1	Visual
Last but not least, I repainted it with	5	1-2	Kinesthetic	he claimed he saw the depths of my soul.	2	2-3	Visual
the colors of my friends' laughters.	5	3	Auditory	and he said he loves every layer of me.	2	4-5	Auditory
"My heart's a				He recited poetries—	3	1	Kinesthetic
melodies/I was	sn't all	owed	to sing"	ts verses paint a pastel future,	3	2-3	Visual
(auditory) sup "Another hollow	opresse crack"		oression, fragility,	it tasted too sweet to be	3	4-5	Gustatory

true

The lines "A boy slipped out/from the pages of" (visual) magical scene, 'Everyone's favorite fairytale' (organic) nostalgia, 'One look into my eyes/he claimed he saw the depths of my soul' (visual) connection, 'He said he loves every layer of me' (auditory) affirmation, 'He recited poetries—' (kinesthetic) shared expression, 'Its verses paint a pastel future' (visual) gentle vision, and 'It tasted too sweet to be true' (gustatory) unrealistic hope.

Table 4.12 twelfth poem

_	Poem	Stanz a	Line	Types of Imagery
	Look closer.	1	1	Kinesthetic

You might	2	1	Auditorythe boxes				
mistake			left				
lightning for				unopened,			
falling stars.				the keys	2	2	Kinesthetic
When they	2	2	Orga	anic thrown			
struck your				away,			
eyes,				and the	2	3	Tactile
they make you	J 2	3	Visu	ual treasures			
see neon				left			
rainbows and				untouched.			
pastel skies.				Here's to	3	1	Organic
Look closer.	3	1	Kinest	hetithe 2 AM			_
You're staring	j 4	1-2	Visi	ual thoughts,			
at something				the songs	3	2	Auditory
as dangerous	;			of what ifs,			-
as a hurricane	).			and the	3	3	Organic
				chances I			J
The line	"Look	closer."	uses	missed.			

kinesthetic imagery, urging deeper attention. "You might mistake lightning for falling stars." contains auditory imagery, showing how perception can be misleading. "When they struck your eyes," uses organic imagery to reflect an intense inner experience. "They make you see neon rainbows and pastel skies." employs visual imagery, illustrating a dazzling but possibly deceptive vision. The repeated "Look closer." again uses kinesthetic imagery, stressing the need to see beyond appearances. "You're staring something/as dangerous as hurricane." uses visual imagery to warn of hidden danger. The poem highlights how beauty can mask potential harm, caution and deeper urging understanding.

Table 4.13 thirteenth poem

Poem	Stanz a	Line	Types of Imagery
Here's to	1	1	Visual
the planes			
you missed,			
the tickets	1	2	Tactile
ripped			
away,			
and the	1	3	Visual
lands left			
unexplored.			
Here's to	2	1	Visual

The poem opens with "Here's to the planes you missed," (visual) opportunities. "The tickets ripped away" (tactile) rejection. "Lands unexplored" (visual) missed experiences. "Boxes left unopened" (visual) unrealized potential, "Keys thrown away" (kinesthetic) discarded chances. "Treasures left untouched" (tactile) missed value, "2 AM thoughts" (organic) reflection, "Songs of what ifs" (auditory) doubt, and "Chances I missed" (organic) regret.

Table 4.14 fourteenth poem

Poem	Stanz	Line	Types of
	а		<b>Imagery</b>
Upon the	1	1	Visual
death of			
the long			
night,			
all stars	1	2	Visual
dim their			
lights,			
and the	1	3	Auditory
beats			
leave the			
songs			
as the	1	4	Auditory
silence			
tears up			
the			
clouds.			

Here	2	1-2	Visual
come the			
sun—			
its light			
shining			
through			
the mist.			
The dark	3	1	Visual
can't hide			
me			
anymore.			
now that	3	2	Organic
the truth			
is in the			
open.			

"Upon the death of the long night,/all stars dim their lights"(visual) night fading. "Beats leave the songs/as the silence tears up the clouds" (auditory) end of sound, "Here come the sun/its light shining through the mist" (visual) new beginnings, "The dark can't hide me anymore"(visual) freedom, and "Truth is in the open" (organic) relief.

Table 4.15 fifteenth poem

Poem	Stanz a	Line	Types of Imagery
Upon the	1	1	Visual
death of			
the long			
night,			
all stars	1	2	Visual
dim their			
lights,			
and the	1	3	Auditory
beats			
leave the			
songs			
as the	1	4	Auditory
silence			
tears up			
the			
clouds.			
Here	2	1-2	Visual
come the			
sun—			
its light			
shining			
through			
the mist.			
The dark	3	1	Visual

3	2	Organic
	3	3 2

The lines "All those stars I chased./I chased for the cold thrill," kinesthetic imagery to show pursuit of excitement. "As soon as they touched me," contains tactile imagery, while disappeared" "they uses imagery, emphasizing fleeting contact. "When the sunlight shined on me" uses visual imagery, and "its warmth burnt skin" uses tactile imagery, expressing discomfort with closeness. "My instinct told me to" and "but my heart said," both use organic imagery, showing emotional conflict. "Run to the cold" uses kinesthetic imagery, and "I'm just not used with the warmth" again uses tactile imagery to show emotional unease. The poem explores the tension between thrill-seeking and fear of intimacy.

Table 4.16 sixteenth poem

Poem	Stanz a	Line	Types of Imagery
My whole life was an everlasting winter	1	1	Tactile
and yours were made of the flame I could light underwater.	1	2-3	Visual
You found snowflakes in my eyes	1	4	Visual
and auroras tangled to my hair.	1	5	Visual
When I laughed,	2	1	Auditory
The cool	2	2	Tactile

breeze			
calmed you			
down.			
When we	2	3-4	Tactile
touched,			
it felt like			
spring time.			
Your heat	2	5	Tactile
melted my			
snow,			
and my	2	6-7	Organic
world			
bloomed			
like			
a field of			
flowers.			
Every time	3	1-2	Organic
we were			
together,			
everything			
fit naturally.			

The line "My whole life was an everlasting winter" uses tactile imagery to express emotional numbness. "And yours were made of/the flame I could light underwater" contains visual imagery, symbolizing extraordinary warmth. "You found snowflakes in my eyes/and auroras tangled to my hair" also use visual imagery, highlighting the poet's delicate beauty. laughed" introduces auditory imagery, while "The cool breeze calmed you down" uses tactile imagery for soothing presence. "When we touched,/it felt like springtime" and "Your heat melted my snow" continue with tactile imagery, showing warmth and renewal. "And my world bloomed like/a field of flowers" "Every time we together,/everything fit naturally" use organic imagery to express emotional growth and harmony. The poem shows a transformation from cold isolation to warmth and belonging through love.

Table 4.17 seventeenth poem

Poem	Stanz a	Line	Types of Imagery
He no longer looks at me	1	1-2	Kinesthetic

and smiles			
when he	1	3	Organic
thinks I'm not			
looking.			
He looks at	2	1	Kinesthetic
me like an old			
toy—			
a novelty, too	2	2	Organic
predictable to			
excited for,			
an investment,	2	3	Organic
too big to sell,			
an	2	4	Organic
imperfection,			
too flawed to			
fit his ideals.			

The lines "He no longer looks at me and smiles" (kinesthetic) fading affection, "When he thinks I'm not looking" (organic) awareness, "He looks at me like an old toy" (kinesthetic) cold gaze, and "A novelty...an investment...an imperfection" (organic) feeling devalued.

Table 4.18 eighteenth poem

Poem	Stanz a	Line	Types of Imagery
I am	1	1-2	Visual
the cherry to			
your sundae			
but you are	1	3	Gustatory
content with			
the taste of			
vanilla.			
l am	2	1-2	Visual
the city lights			
to your nights			
but you keep	2	3	Kinesthetic
searching for			
the stars.			
l am	3	1-2	Organic
the "would be			
nice" parts of			
your plans			
—the	3	3	Organic
afterthoughts			
to your			
dreams.			
"I am the	cherry	to you	r sundae'"

(visual) showing something special,

"You are content with the taste of vanilla" (gustatory) simplicity, "I am the city lights to your nights" (visual) brightness, "You keep searching for the stars" (kinesthetic) longing, and 'I am the "would be nice" parts/afterthoughts to your dreams" (organic) feeling secondary.

Table 4.19 nineteenth poem

Poem	Stanz	Line	Types of
	а		Imagery
Change is a	1	1	Organic
funny thing.			
See the same	2	1	Visual
person in			
different years,			
your eyes	2	2	Visual
would catch the			
changes in			
them			
and stories	2	3-4	Auditory
flood your ears			
as if			
making up for			
lost time.			
See the same	3	1	Visual
person every			
day,			
your eyes	3	2	Visual
would see the			
same things			
every day.			
One day, you	3	3	Visual
would wake up			
next to a			
stranger—			
you would not	3	4	Auditory
speak the same			
language			
anymore.			_
The line "	Change i	s a funny	thing."

The line "Change is a funny thing." uses organic imagery to reflect the poet reaction, "See the same person in different years" (visual) change over time, "Stories flood your ears" (auditory) reconnection, "See the same person every day" (visual) routine, and "Wake up next to a stranger/you would not speak the same language

anymore"(visual+auditory) disconnection.

Table 4.20 twentieth poem

Poem	Stanz	Line	Types of
	а		Imagery
Our first firework	1	1-2	Visual
burn out in the			
speed of light.			
Only a flicker	2	1	Tactile
settled in our veins.			
It radiates	2	2	Tactile
warmth—			
the missable	2	3-4	Organic
ordinary kind,			
not the awaited			
holiday kind.			
Every time we light	3	1	Kinesthetic
up a new spark,			
the fireworks come	3	2-3	Visual
back			
brighter and			
brighter each time.			
The lines "Our first	firework	/bur ou	t"

The lines "Our first firework/bur out" (visual) brief passion, "A flicker settled in our veins/It radiates warmth" (tactile) lingering warmth, "Missable ordinary kind/awaited holiday kind" (organic) letdown, "Every time we light up a new spark" (kinesthetic) rekindle, and "Fireworks come back brighter" (visual) renewed intensity.

Table 4.21 twenty-first poem

Poem	Stanz a	Line	Types of Imagery
We are two imperfect puzzles	1	1	Visual
trying to fill our black spaces with pieces of each other.	1	2-3	Organic
Some pieces don't fit in the big picture.	2	1-2	Visual
Force it and we would snap.	2	3-4	Kinesthetic
It's up to us to end us	3	1-2	Organic

or to see us	3	3-5	Visual	
as an art—				
let it be.				
We are perfectly	3	6	Organic	
imperfect.				

"We are two imperfect puzzles" (visual) relationship metaphor, "Trying to fill our black spaces with pieces of each other" (organic) emotional need, "Some pieces don't fit in the big picture" (visual) incompatibilities, "Force it and we would snap" (kinesthetic) tension, "It's up to us to end us" (organic) decision, "Or see us as an art/let it be" (visual) acceptance, and "We are perfectly imperfect" (organic) affirmation.

Table 4.22 twenty-second poem

Poem	Stanz	Line	Types of
	а		Imagery
Some days,	1	1	Kinesthetic
it feels like			
I'm walking			
in a dessert.			
	11	2	Tactile
The sand	1	2	Visual
seems			
endless.			
His love is a	2	1	Organic
small cup of			
water.			
Everything	2	2-3	Organic
he gives			
is never			
enough.			
I fill the cup	3	1	Kinesthetic
with my own	3	2-3	Organic
love			
until it			
overflows.			
Wherever I	4	1-2	Kinesthetic
go,			
oasis grows.			

"Some days it feels like I'm walking in a desert" (kinesthetic) struggle, "The heat burns my bones" (tactile) pain, "The sand seems endless" (visual) isolation, "His love is a small cup of water/Everything he gives is never enough" (organic) scarcity, "I fill the cup with my own love until it overflows"

(kinesthetic+organic) giving, and "Wherever I go oasis grows" (kinesthetic) hope.

Table 4.23 twenty-third poem

	Stanz a	Line	Types of Imagery
I am made of all the	1	1-2	Organic
lessons I learnt,			
all the dreams I lived,	1	3	Organic
and all the love I give—	1	4	Organic
all the things I can't count.	1	5	Organic
Why let them count my age to my face?	2	1-2	Visual
Why hear them Tell me I'm about to expire?	2	3-4	Auditory
Why let them value me for nothing more than beauty and fertility?	3	1-4	Organic
"I am mad	e of a	ll the le	essons I

"I am made of all the lessons I learnt/all the dreams I lived/all the love I give/all the things I can't count" (organic) identity, "Why let them count my age to my face" (visual) judgment, "Why hear them tell me I'm about to expire" (auditory) criticism, and "Why let them value me for nothing more than beauty and fertility" (organic) frustration.

Table 4.24 twenty-fourth poem

Poem	Stanz a	Line	Types of Imagery
We can't see each	1	1-2	Visual
other's every secret,			

hear each other's every	1	3	Auditory
thought,			
say	1	4	Auditory
everything			
every time.			
We just trust.	2	1	Organic

"We can't see each other's every secret" (visual) limits, "Hear each other's every thought/say everything every time" (auditory) incomplete communication, and "We just trust" (organic) sustaining trust.

Table 4.25 twenty-fifth poem

Poem	Stanz a	Line	Types of Imagery
I kept a box filled with time machines.	1	1	Visual
Each trinket is a ticket	2	1	Visual
to the times before everything turns sour.	2	2	Gustatory
Each moment lasted nothing more than a few seconds.	3	1-3	Organic
It's like recalling bizarre dreams,	4	1	Visual
except it's real a few lifetimes ago.	4	2-3	Organic

The poem opens with visual imagery in "I kept a box filled with time machines.", symbolizing memories and nostalgia. "Each trinket is a ticket/to the times before everything turns sour," continues the visual imagery and adds gustatory imagery, evoking bittersweet memories. "Each moment lasted/nothing more/than a few seconds." uses organic imagery to show how fleeting joyful times are. "It's like recalling bizarre dreams," brings back visual imagery, while "except it's real/a few lifetimes ago" uses organic imagery to express the deep emotional impact of distant memories. The poem highlights

how memories, though brief and sometimes painful, deeply shape the present.

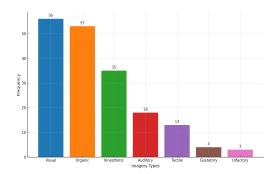


Figure 1. The Frequency of Imagery

Types in Twenty-Five Selected Poems

The findings show that Helena Natasha employs a wide range of imagery to enhance the emotional and sensory depth of her poems. Visual and organic imagery dominate, reflecting her focus on both external scenes and internal experiences. This richness helps EFL learners engage with the poems through descriptive language and emotional connection. From twenty-five selected poems in Love, Spelled in Poetry, a total of 182 instances of imagery were identified across seven types: visual, auditory, tactile, olfactory, gustatory, organic, and kinesthetic. Visual imagery is the most frequent, followed by organic and kinesthetic. This strong presence of visual images aligns with Natasha's style creating vivid and emotionally expressive scenes, while organic imagery deepens the personal tone of her work.

Compared with earlier studies, Arbi (2018) on five poems by Maya Angelou, Pitaloka et al. (2023) on Robert Frost's imagery types without deeper interpretation, and Sulaiman (2017) on Emily Dickinson using a psychoanalytic lens, this research combines classification with interpretation from an EFL perspective. Its novelty lies in situating poetic imagery analysis within

language learning, showing how Natasha's sensory language can build emotional literacy and improve comprehension for EFL learners.

#### D. CONCLUSION

This research examined twenty-five selected poems from Helena Natasha's Love, Spelled in Poetry, revealing rich use of seven imagery types with visual imagery being most frequently employed. These images significantly contribute to constructing emotional tone enhancing and readers' interpretive experience. From a literary-critical perspective, imagery in Natasha's poetry serves as tool for а introspection, narrative construction, and emotional expression rather than mere decoration.

The research underscores poetry analysis's pedagogical potential. particularly for EFL learners, fosterina literary sensitivity, critical thinking, and language competence. The findings indicate that Helena Natasha uses various imagery types to enrich emotional and sensory depth, with visual and organic imagery prominence suggesting focus on both external and internal experiences.

As this research is limited to a single poet, future studies could expand by analyzing imagery across different literary movements to deepen understanding of how imagery shapes meaning in poetry. The integration of poetic imagery analysis within EFL learning contexts represents a valuable approach to language and literature education.

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